



Issue 5

NEWS Update

Inside this issue:

CURRENT ENROLLMENT STATUS	1
RESULTS OF DATA ANALYSIS	2-3
UPDATE ON MINIMAL DATASET	4
THAOS POSTER PRESENTATIONS	4

Welcome to the Fall edition of the THAOS newsletter! There has been phenomenal growth in the number of subjects enrolled since our last newsletter with 38 active sites in 17 countries (Argentina, Austria, Brazil, Belgium, Cyprus, Denmark, France, Germany, Israel, Italy, Japan, Netherlands, Portugal, Spain, Sweden, Switzerland, The United States) and an enrollment of 693 subjects (31 October 2010). With a terrific effort by all of our THAOS sites, we were able to extract analyzable data for 560 subjects for the upcoming publication. As you will see when reviewing these pages, the baseline data is very informative. These data highlight the importance of providing the minimal dataset and follow up data, which are necessary to get a complete picture of the progression of the disease. The Quality of Life data show that ATTR patients perceive themselves to be generally sicker than patients with other chronic diseases. Remember, the database is here for you. Any THAOS site can propose an analysis of the data for publication. *Teresa Coelho, Chair, THAOS Scientific Board*

Current Enrollment Status

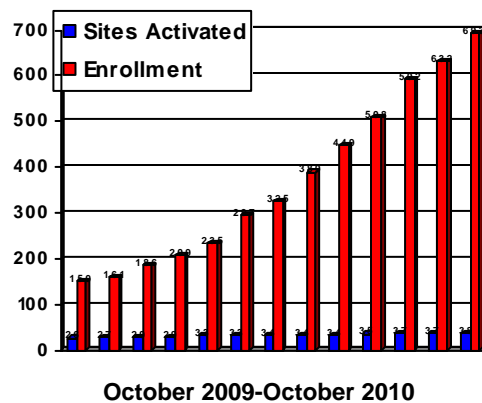
† indicates data unavailable

	May-10	Oct-10
# sites	34	38
# countries	14	17
# patients	367	693
# patients with mutations	320	603
# patients with wt	42	67
# mutations	21	38
# mutations with 1 patient	13	19
# mutations with 10 patients or more	3	8
# patients with follow-up data	†	58

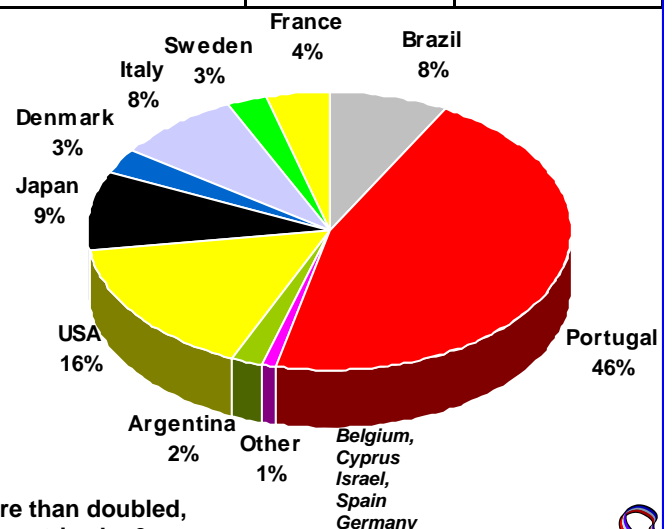
Are You Scheduling Follow Up Visits for Your Patients?

FoldRx is now a wholly owned subsidiary of Pfizer.

Please visit www.foldrx.com for press release.



Within the last 6 months, enrollment has more than doubled, number of active sites increased by 4, and countries by 3. The majority (46%) of THAOS subjects come from Portugal, followed by the USA and Japan. The number of sites enrolling subjects with neurology phenotypes (21) is slightly more than sites enrolling subjects with cardiology phenotypes (17).

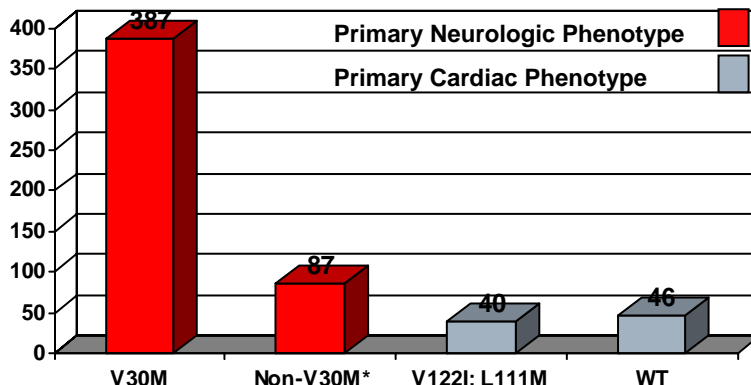


The top 3 enrolling sites are :
 Teresa Coelho, Porto, Portugal **261**
 Márcia W. Cruz, Rio de Janeiro, Brazil **56**
 Isabel Conceição, Lisbon, Portugal **53**



ANALYSIS of BASELINE DATA for 560 SUBJECTS

Of the 560 subjects with analyzable data, 514 subjects (91%) had mutations and a median age of 42.3 years. Of the 46 W-T TTR subjects, almost all (97.8%) were male with a median age of 76.6 years. The majority of subjects were Caucasian. Of the 514 subjects with mutations, 70% were symptomatic, while 92% of W-T TTR subjects were symptomatic. 27 genotypes were identified with 92% expressing a primary neurologic phenotype.



*Val28Met, Val32Ala, Phe33Leu, Arg34Thr, Try41Leu, Glu42Gly, Ala45Ser, Thr49Ala, Ser50Arg, Ser50Ile, Ser52Pro, Thr59Lys, Thr60Ala, Phe64Leu, Ile68Leu, Val71Ala, Ser77Phe, Ser77Tyr, His88Arg, Glu89Gln, Glu89Lys, Glu92Iys, Ile107Val, Val122Ala

Subjects with TTR Mutations						Symptomatic Subjects with Val30Met				
	Total M/F	%	Median Age (yrs)	Age at Onset (yrs)	Disease Duration (yrs)	Portugal N = 154	Brazil N = 40	Japan N = 47	Sweden N = 15	
Val30Met	387									
	174/213	75.3	38.2	34.0	4.6					
Val122Ile	23									
	18/5	4.5	72.4	68.6	2.1					
Leu111Met	17									
	10/7	3.3	47.6	42.9	4.3					
Glu89Gln	14									
	5/9	2.7	49.9	50.6	1.9					
Phe64Leu	12									
	6/6	2.3	66.6	62.7	6.0					
						Males (%)	52	53	45	67
						Age at onset, yrs	32.6	30.6	39.8	51.6
						Disease duration, yrs	3.1	7.5	6.0	5.2
						Ethnicity (%)				
						Caucasian	100	73		100
						Latino American		6		
						Asian			100	
						Other		21		

The five most common mutations cover 88% of subjects with TTR mutations. Val30Met is the most common of the TTR mutations. Of the 387 subjects with Val30Met, 256 (66.1%) are symptomatic and are clustered in 4 countries. Age of onset varies within the same mutation depending on geographic location and also differs across mutations.

Family History in 514 Subjects with Mutations			Biopsies and Transplants (Symptomatic Subjects)		
	Positive	%	Mutations N = 364	W-T TTR N = 42	
Subjects with Family History	440	85.6	# Pts with Biopsies 236 (64.8%)	42 (100%)	
Father	223	50.7	# Biopsies Performed 288	49	
Mother	190	43.2	# Pts with + amyloid 204	41	
Father+mother	4	0.9	Most Common Biopsies		
Other	5	1.1	Salivary Gland 30.0%	0.0%	
Unknown	18	4.1	Abdominal Fat Pad 19.4%	8.2%	
Pts with no known Family History	54	10.5	Cardiac 13.9%	81.6%	
Unknown Family History	17	3.3	# Pts with Transplants 100 (27.5%)	3 (7.1%)	
Missing	3	0.6	# Transplants 107	4	
			Liver only 89	0	
			Heart only 5	2	
			Kidney only 0	0	
			# Pts with 2 Transplants 5	1	
			# Pts with 3 Transplants 1	0	

Family history was reported for 85.6% of subjects with inheritance almost evenly distributed between mother and father.

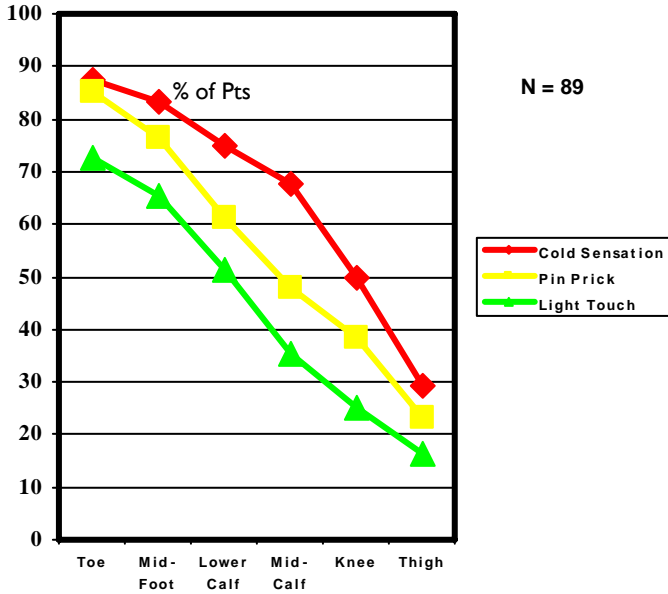
64.8% of subjects with mutations had biopsies compared with 100% of subjects with W-T TTR. The salivary gland was the most common biopsy tissue for subjects with mutations. 27% of subjects with mutations had transplants.



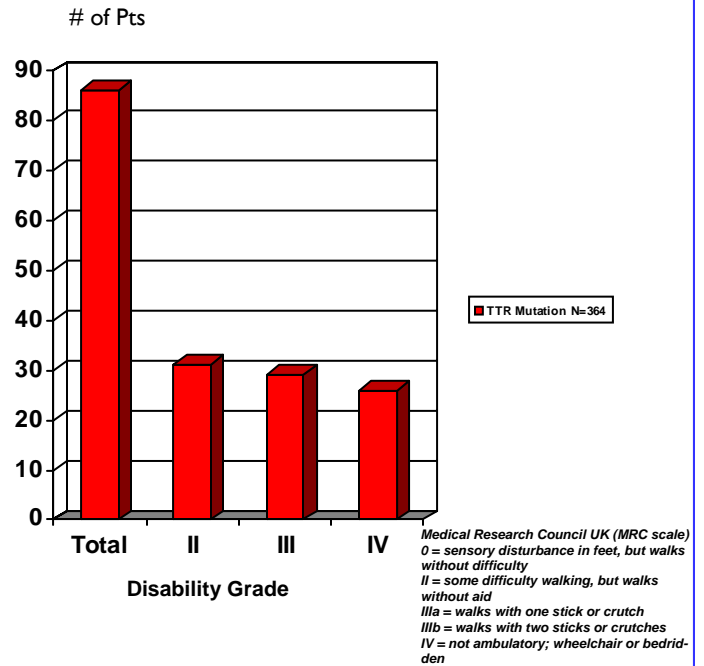
HIGHLIGHTS

Neuropathy Data

DECREASED/ABSENT SENSATIONS IN SYMPTOMATIC SUBJECTS WITH MUTATIONS



WALKING DISABILITY IN SYMPTOMATIC SUBJECTS WITH MUTATIONS



Nearly all patients with mutations (82%) reported sensory neuropathy symptoms. In those with all sensory assessments completed (N = 89), impairment was greater distally than proximally with greater involvement of small fibers (cool and pinprick). 86 patients with mutations had motor impairment as demonstrated by ambulatory difficulties. Actual degree of disability is highlighted in the graph.

Health-Related Quality of Life

PERCEIVED HEALTH IN SUBJECTS vs CONTROLS				EQ-5D IN VARIOUS DISEASE STATES				
Age group	Symptomatic	Asymptomatic	Controls*	Disease	Age, yrs	N	EQ-5D index	
18-34	0.81 (N=70)	0.93 (N=50)	0.92	THAOS patients with symptoms	50-64	45	0.56	
35-49	0.68 (N=70)	0.89 (N=27)	0.88		Diabetes*	60	2,854	0.758
50-64	0.56 (N=45)	0.81 (N=9)	0.84		Stroke*	67	995	0.694
65+	0.64 (N=40)	0.91 (N=4)	0.79		Emphysema*	66	597	0.680
					Congestive Heart Failure*	71	284	0.636
					Rheumatoid Arthritis*	59	235	0.661
				General US population	50-64	8,275	0.838	

* 6,000-12,000 subjects per age group PW Sullivan et al, Med Care:2005;43:736-749

EQ-5D index scores were calculated for all patients with mutations. Different age groups of symptomatic and asymptomatic subjects were compared to Controls (US) and to patients with other chronic diseases. These data demonstrate that symptomatic subjects with ATTR report worse quality of life when compared to controls, asymptomatic subjects and patients with other chronic diseases.

At the THAOS Scientific Board Meeting in September, 2010, the Board recommended that two more tests be added to the Minimal Dataset for Evaluation. As the BNP or NT-Pro BNP test may not be available at all sites, the Board recommended that an echocardiogram be added to the dataset. Serum prealbumin (transthyretin) levels are also to be added. The following is the recommended minimal dataset for each patient enrolled in THAOS, regardless of genotype, including asymptomatic carriers:

- Registration
- TTR data
- Family History
- Medical History
- Physical Exam
- Serum Albumin Levels

- *Serum Prealbumin (transthyretin) levels* *
- Serum NT-ProBNP or BNP levels (if abnormal, then echocardiogram would be recommended)
- *Echocardiogram (if NT-Pro BNP or BNP levels are not measured)**
- Electrocardiogram
- Pinprick, touch and vibration of great toe (both sides); ankle and patellar reflexes; muscle strength of toes and ankles (if abnormal, then either perform full neurologic examination or refer to neurology for evaluation.)

Yearly follow-up is recommended with re-evaluation of the minimal assessments at the least. It is requested that complete clinic visit evaluation data along with Quality of Life are entered into THAOS.

* *New*

THAOS Presentations

*Scientific Meetings:**

XXIV Brazilian Congress of Neurology, August 24-27, Rio de Janeiro, BRA – Oral Presentation

Heart Failure Society of America (HFSA), September 12 – 15, San Diego, CA, Poster - Clinical Trial Row

European Federation of Neurological Societies (EFNS), September 25-28, Geneva, Switzerland - Oral Presentation, Booth

Advancing Neuromuscular, Musculoskeletal, & Electrodiagnostic Medicine (AANEM), Oct 6 – 9, Quebec, CAN - Booth

American Society of Human Genetics (ASHG), November 2 – 6, Washington, DC – Booth

Neuropathy Associations' Neuropathy Summit, December 3 – 5, Washington, DC - Booth

**Abstracts from prior meetings can be viewed via the Investigator's portal on the THAOS Website (www.thaos.net)*

THAOS is a registry. The goals are to enhance the understanding of the disease natural history, to better understand genotype-phenotype relationship, and to compare the progression of the disease and overall survival in patients with ATTR with and without liver transplant. To achieve these goals, it is critical to have genotypic diversity and enough patients in each genotype to assess genotype-phenotype relationship. There also must be sufficient data for each patient and enough follow-up data to assess disease progression. Because these data are so critical, follow-up appointments and data collection are crucial to the success of THAOS.



Remember

to

Schedule Follow Up

Visits for Your

Patients!!!!